

A Brief Presentation on the Cost-of-Living Crisis Faced by WBA's User Groups

Atikur Rahman Centre Manager

## Cost-of-Living Crisis faced by Our User Groups

In the past 12-months WBA's information and advice service has seen an increase of 40% overall in the number of local residents seeking help with the cost-of-living crisis

## Cost-of-Living Issues Faced by WBA's User Groups

- Increased Shopping and Food bills
- ☐ High energy costs particularly with Heating and Lighting Costs
- Rise in Fuel Costs
- Vulnerable to loss of essential services e.g. disconnection of gas / electricity.
- Rising personal debt levels
- **□** Loss of employment particularly in the Hospitality Sector.
- Huge drop in income reported by people who are self-employed e.g Uber
  Drivers (High Fuel Costs, Insurance etc)

## Our Users Come to WBA Seeking the Following Help & Support

- WBA Advisers to negotiate bill payment plans with utility companies.
- Advice on additional benefits that they can apply.
- Advice on financial planning.
- Advice and information to get back into work.
- Access to grants or any other financial help available.
- □ Access / Referrals to Food Banks or Food Programme.
- Joining WBA's Lunch Programme.

Impact of the Costs-of-Living Crisis on our User Groups

Our user groups have been impacted emotionally, social & economically driving people into poverty, poor physical & mental health, isolation & loneliness.

## **Cost-of-Living Support Provided by WBA**

- ☐ Freshly Cooked Hot Meals 3-Days a Week
- Warm & Safe Daytime Meeting Space for Vulnerable Older People
- Food Parcels and Food Vouchers
- Employment Training Programme
- □ Financial Planning and Budget Training
- Benefits Advice Surgery